



BE AWARE



VIDEO MONITORING IN PROGRESS

HOURS OF OPERATION:

THE VIDEO MONITORING IS THERE TO ENHANCE YOUR WELLBEING BY HELPING WARD STAFF ENSURE YOUR HEALTH AND PROTECTION WHILST YOU ARE SLEEPING. THIS MONITORING IS LESS INTRUSIVE THAN OTHER METHODS OF MONITORING.



- THE MONITORING IS LIMITED TO A 15 SECOND SNAPSHOT VIEWED ONLY BY WARD STAFF. THIS IS DONE FROM OUTSIDE YOUR ROOM WHEN A CHECK ON YOU IS REQUIRED.
- THE WARD STAFF CAN CHECK YOU ARE BREATHING AND THAT YOUR HEART RATE IS ADEQUATE FOR WHEN YOU ARE ASLEEP.
- THIS IS DONE TO ENSURE THAT YOUR SLEEP IS NOT DISTURBED DURING THE NIGHT AS YOUR SLEEP IS CONSIDERED EXTREMELY IMPORTANT.
- INFORMATION ABOUT THIS IS FURTHER DETAILED IN YOUR INFORMATION PACK GIVEN TO YOU ON YOUR ENTRY ONTO THE WARD BY STAFF.
- IF YOU HAVE ANY QUESTIONS _____ WOULD BE HAPPY TO DEMONSTRATE THIS TO YOU. ALTERNATIVELY YOU CAN CONTACT AN INDEPENDENT MENTAL HEALTH ADVOCATE FOR FURTHER INFORMATION.
- IT IS IN YOUR OWN INTEREST TO ENSURE YOUR PRIVACY IS NOT INFRINGED AND TO DRESS AND REMAIN CLOTHED ACCORDINGLY.

THIS WAS CREATED AND DESIGNED BY OXFORD HEALTH PATIENTS FOR OUR PATIENTS